



Kambu Health Newsletter

Kambu Communique

March 2022

A MESSAGE FROM THE CEO



Hello and welcome to the first edition of the Kambu Communique. The Kambu Health newsletter will feature news, community updates, events, and service delivery brought to you each month and boasting a fresh new look.

It's undoubtedly been an exciting, challenging, and busy time at Kambu Health over the past few months. We've made a few changes, and we want to share them with you.

I'd like to take this opportunity to acknowledge and thank our Kambu Health team for their collective contribution to the continuation of our service delivery. Keeping our mob and community safe throughout such an unprecedented time is important to us.

Recently it's been wonderful to see our community return to some normality since the COVID-19 pandemic started. I welcome you all to participate in Kambu Health events over the coming weeks, with National Close the Gap Day and International Women's Day occurring this month.

WHAT'S IN THIS MONTH'S ISSUE:

- The new look of Kambu Health
- NDIS is coming soon
- Meet our new GP's
(our first Aboriginal Doctor!!)
- Health updates to keep your mob safe.

As you might have seen by now, we've launched our new and improved Kambu Health logo and website! If you haven't already, please visit our website (more about this on page 2) and share in our excitement. Check out the showcase of outstanding work happening at Kambu Health right now and turn to the News & Events page to see if there's anything you're interested in attending.

The Kambu Health team has been working alongside our colleagues at the Primary Health Network (PHN), IUHI, Queensland Health and other stakeholders on the Health Equity package. The opportunity to work together came about due to the Close the Gap Campaign drawing public attention to the poorer health of Aboriginal and Torres Strait Islander people compared to the non-Indigenous population, and the National Aboriginal and Torres Strait Islander Health Plan 2013–2023 identified the need to address systemic racism within the health system to improve health outcomes.

This work has some critical differences to previous Closing the Gap initiatives, one being it is a strategy protected by law and aims to Close the Gap in life expectancy between Aboriginal and Torres Strait Islander people and non-Indigenous people by 2031.

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The strategy will be co-designed with the community, health professionals and other key stakeholders. In addition to extensive consultation being undertaken to ensure it meets local needs and receives local ideas about health equity. I encourage you all to undertake the survey and have your voices heard. This is important work, and we want you all to be a part of it. Once the survey has been released, we promote it on our social media and website.

Kambu Health is committed to quality, safety, and excellence. We have recently renewed our ISO 9001 and HSQF accreditation; a sincere thank you to all staff who contributed to the accreditation processes.

I would also like to acknowledge the recent sorry business which has taken place in our community over recent months. The entire Kambu Health team shares our sincere condolences to those families and friends concerned. In times like these, we must stand together and support one another.

On behalf of the Board, Executive leadership, and the whole team at Kambu Health, I wish you and your kin nothing but success, happiness and good health over the coming months.

Simone Jackson
Chief Executive Officer



ACKNOWLEDGEMENT TO COUNTRY

Kambu Health would like to acknowledge the custodians of the Jagera, Yuggera and Ugarapul land on which we have the privilege to work on.

We recognise their continued connection to the land and waters of this beautiful place. We pay our respects to the Elders of this land, past and present and we extend that respect to all First Nations people.

We acknowledge the wonderful opportunity we have to not just run our organisation on the traditional lands, we are also very fortunate to have Jagera, Yuggera and Ugarapul people working with us teaching and assisting us to protect the culture, lands and waters.

NDIS SERVICES - COMING SOON



From next month, Kambu Health will provide specialised services for National Disability Insurance Scheme (NDIS) clients.

Our team are experienced and trained in the highest standard and culturally safe care.

Our NDIS team is currently working diligently to prepare for the delivery of our NDIS services and we are committed to conducting the appropriate levels of planning so that we can provide our clients with a solid platform.

Initial services will include:

- Daily Personal Activities;
- Participation in community, social and civic activities (Participate Community)

Kambu Health are a registered provider of several NDIS registration groups, which will be rolled out in the near future.

We may still be able to help in the meantime, take a look at our website or contact us at NDIS@kambuhealth.com.au or (07) 3810 3000.

Did you notice we look different?

The Kambu Health board and Executive leadership team are proud to share the new organisational logo and a new website as part of the ongoing transformation of our brand.

We have refreshed our logo and website to reflect who we are today and to symbolise our future.

After careful consideration and as voted by our community Elders and Kambu Health staff members, the new logo reflects a more modern look and captures our mission to deliver excellent quality care and services to support our Aboriginal and Torres Strait Islander West Moreton community.

Our new website features information about our programs and services – allied health timetables, weekly community groups and membership downloads, news sections, and events calendar. It will make keeping track of 'what's on' more accessible.



WELCOME OUR NEW STAFF MEMBERS

We are pleased to welcome two new staff members, who have started in very key roles at Kambu Health over the past month.

Firstly, welcome to **Dr Marjad Page**, who has joined us as Rural Practitioner and Senior Medical Officer from his position as Chief Medical Officer at Gidgee Healing in Mt Isa.

Dr Page is a Christian and a descendent from the Kalkadoon, Waanyi and Ganggalidda tribes of North-West Queensland.

Dr Andrew Taylor

Dr Taylor was born and raised in New Orleans, Louisiana in the United States though he earned his medical degree right here in Queensland.

Dr Taylor comes to us from his work as a GP registrar in Hospitals across SEQ to take up a GP registrar role in our Laidley Clinic.



Clinic News

Living with COVID

The Omicron wave has peaked, and we have started to see a decline in the number of positive cases across Queensland. QLD has opened its International borders, transitioning into a 'Living with COVID' model. However, 'Living with COVID' does not mean ignoring the virus altogether; risks of a resurgence remains.

DID YOU KNOW OVER 21,000 POSITIVE CASES OF ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE HAVE BEEN RECORDED THROUGHOUT THE STATE DURING THE PANDEMIC?

Here is how you can protect yourself, your mob and your community:

- It is not too late to vaccinate!
COVID-19 vaccinations are safe and effective and offered at all Kambu Health clinics for anyone aged 5 years old and over. If you have any questions or concerns about the vaccine, please speak with your GP.
- Please remember to get tested if you have any symptoms.
PCR testing is available at our Booval Respiratory Clinic by appointment.
- Report your Rapid Antigen Home Test (RAHT) if you tested positive to COVID-19 via the Queensland Health website or the Check-in QLD app.

More information about vaccinations and access to support services can be found at Mob Link. You can call Mob Link team on 1800 254 354.

LAIDLEY CLINIC

COVID-19 has kept us from living our normal lives, but there are some normal things COVID-19 should not stop you from doing such as getting your 715 - Health Check.

Now we have the wonderful Dr Taylor, we have more available appointments now, so call to book now!

BOOVAL RESPIRATORY CLINIC

We offer COVID-19 testing and vaccinations to all people, both Indigenous and non-Indigenous, who fit the criteria.

This clinic is open Monday to Friday
8:30 am – 4:30 pm. However, 1 pm – 4 pm each day is dedicated to COVID-19 testing only.

IPSWICH CLINIC

Our NEW Deadly Choices Shirts are available at Kambu Health Ipswich (and Laidley)! Just complete a full 715 Health check, and you'll get a shirt for FREE!

As a proud member of the IUIH network, we work together to bring you some fantastic Allied Health & Specialist services, so please check out our website for their regular visiting times and days!



ALLIED HEALTH & SPECIALISTS MARCH AVAILABILITY

We currently have:

- Podiatry appointments available in March

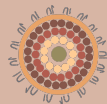
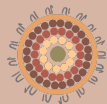
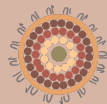
Please call our deadly receptionists on (07) 3810 3000.

NB. Our weekly (Wed) Exercise Physio is cancelled until further notice.

Whats on?

We offer a range of community betterment groups, including our men's and women's groups. The groups are a great opportunity to come together and yarn with other members of our Kambu Health communities.

Light snacks are provided.



RSVPs are essential.

If you are interested in attending, call us to register - see below for details!



SOCIAL HEALTH GROUPS

STARTING 16 MARCH 2022

Ipswich Women's Group

When: Tuesdays

Time: 10am – 12pm

Where: Riverview Community Centre

Ipswich Young Women's Group

(Ages 18 – 35)

When: Tuesdays

Time: 12pm – 2pm

Where: Riverview Community Centre

Ipswich Men's Group

When: Fridays

Time: 10am – 12pm

Where: Leichhardt Community Centre

Ipswich Young Men's Group

(Ages 18 – 35)

When: Fridays

Time: 12pm – 2pm

Where: Leichhardt Community Centre

Ipswich Carers Group

When: Mondays

Time: 10am – 12pm

Where: Leichhardt Community Centre

DID YOU ALSO KNOW WE HOLD
HOLIDAY PROGRAMS IN THE
LOCKYER VALLEY EVERY
SCHOOL HOLIDAYS?!

PHONE (07) 3810 3000 AND ASK
FOR SOCIAL HEALTH TO
REGISTER

CHILD AND FAMILY CENTRE (CFC)

The Kambu Health Children and Family Centre groups are back for Term 1 with a range of new and exciting activities for families of children 0-8 years of age.

Call the CFC team on 07 3810 3000 to register.

- **Bullang Bujerum Program:** Feel relaxed and pampered with massage and facials and create your own skincare products.
- **Deadly Nounng Lessons:** Learn how to make quick, easy, and nutritious meals through Jamie's Ministry of Food in Ipswich classes.
- **Deadly Mums Group:** Get creative with clay, making your own pottery and ceramics.
- **My First Gym:** A place for jarjums to learn about fitness and movement through activities in a supportive environment.
- **Jungle Gym:** Fun for the jarjums at Jindalee Jungle play centre.



Upcoming Events



International Women's Day

International Women's Day
8 March



HARMONY WEEK 2022

TUESDAY 15 - MONDAY 21 MARCH

Harmony Week
15 - 21 March



National Close the Gap Day
17 March

International Day for the Elimination of Racial Discrimination
19 March



FOR MORE VISIT: www.kambuhealth.com.au



EMPLOYMENT OPPORTUNITIES

Are you looking for a rewarding career within a supportive environment while growing your skills and opportunities?

Kambu Health currently has a variety of jobs on offer across our West Moreton clinics and services.

Of particular note is our vacancy of:

- Occupational Therapist

If you'd like more information about this vacancy or other available positions at Kambu Health, please check out our website or Seek.

www.kambuhealth.com.au/about/careers
or
www.seek.com.au/kambu-health-jobs.



LOOKING FOR FAMILY HISTORY?

Are you looking for information about finding your personal history but don't know where to start?

The Community and Personal Histories team at the Queensland Government Department of Seniors, Disability Services and Aboriginal and Torres Strait Islander Partnerships may be able to assist you.

If you are an Aboriginal or Torres Strait Islander person and you or your family were born in Queensland, the Government may be able to help you find information about:

- where your family comes from
- who your family are
- how you might be connected to a certain place.

You can get in touch with the Community and Personal Histories team by the following methods:

Phone: 1800 650 230

Email: enquiries@dldsatsip.qld.gov.au .

<https://www.dldsatsip.qld.gov.au/our-work/aboriginal-torres-strait-islander-partnerships/family-social-programs/aboriginal-torres-strait-islander-family-history>



Here's where you can find

KAMBU HEALTH

Ipswich Clinic
27 Roderick Street Ipswich QLD 4305
Phone: (07) 3810 3000
Fax: (07) 3812 5177

Laidley Clinic
2/235 Patrick Street Laidley QLD 4341
Ph: (07) 5465 3541
Fax: (07) 5465 3156

Booval Respiratory Clinic
3/160 Brisbane Road Booval QLD 4304
Phone: (07) 3436 5680
Fax: (07) 3282 1901

Kambu Amaroo Kindergarten
4 Madden Street Silkstone QLD 4341
Phone: (07) 3202 1920

Amaroo Long Day Care Centre
4 Madden Street Silkstone QLD 4304
Phone: (07) 3812 2258

Family Wellbeing Service
1&3/155 Patrick Street Laidley QLD 4341
Phone: (07) 5465 3353

Family Participation Program
4 Wilson Lane Ipswich
Phone: (07) 3810 3030

